Oral Glucose Tolerance Tests

Carpenter Coustan Criteria (NIH consensus for 2-step GDM screening)

**50g Gestational OGTT Screen (1hr)**
*Non-fasting*
- 1hr < 135 mg/dL

**100g Gestational OGTT Confirmation (3hr)**
- Baseline *(fasting)* < 95 mg/dL
- 1hr < 180 mg/dL
- 2hr < 155 mg/dL
- 3hr < 140 mg/dL

**75g OGTT (Non-pregnant) (2hr)**
- Baseline *(fasting)* < 100 mg/dL
- 2hr < 200 mg/dL

Reference: Standards of Medical Care in Diabetes 2014