



Oral Glucose Tolerance Tests

Carpenter Coustan Criteria (NIH consensus for 2-step GDM screening)

50g Gestational OGTT Screen (1hr)

Non-fasting

1hr <135 mg/dL

100g Gestational OGTT Confirmation (3hr)

Baseline (*fasting*) <95 mg/dL

1hr <180 mg/dL

2hr <155 mg/dL

3hr <140 mg/dL

75g OGTT (Non-pregnant) (2hr)

Baseline (*fasting*) <100 mg/dL

2hr <200 mg/dL

Reference: Standards of Medical Care in Diabetes 2014